

Brian O'Dowd

Brian began swimming competitively when he was 4 years old. He swam for Maplebrook I, the Naperville YMCA, the Maverick Swim Club, Naperville Central High School, and the Iowa Master's swim team. He coached in the Naperville Park District for 10 years for White Eagle and Maplebrook I. He has been a USS coach since 2000, starting with the Iowa City Eels Swim Club and has been coaching with the Maverick Swim Club since 2003. Brian also been volunteering as a swim coach for NCHS Boy's swim team since 2003. Brian earned his Master's Degree in Curriculum and Instruction from Concordia University ('06) and a Bachelor's Degree in Elementary Education from the University of Iowa ('03). Since 2003, he has been teaching 5th grade at Ranch View Elementary School in Naperville District 203. Brian resides in Aurora with his wife Jenny, and their two daughters, Allison and Kaitlyn.

Chris Saxtan

Chris Saxtan is a former Maverick Swimmer, starting at the age of 13 in 1994. He swam competitively for 14 years starting at his neighborhood pool, Maplebrook 1, at the age of 5. Chris coached Maplebrook 1 for 3 years while in high school as well as being one of the co-captains of the Naperville Central Boys Swim Team his senior year in 2000. He earned a Bachelor's in Marketing at the University of Missouri in 2004 and has been coaching with the Maverick Swim Club since 2009.

Frederick Wennlund

Frederick started swimming at age 8 for the Cress Creek Commons Cobras. He swam there and with the Cress Creek Country Club Rebels until the age of 16. Frederick also swam from 2002–2004 at Marmion Academy. During the summers, Frederick has been working as a lifeguard and assistant manager at Cress Creek Country Club. Frederick attended Grove City College in Grove City, PA and graduated in May 2010 with a B.A. in History and a license to teach grades 6–12. Frederick is currently working as a substitute teacher in Naperville and began coaching for Mavericks in 2010.

Jay Hines

Jay started as a summer swimmer at age 8 and swam competitively for Burkwood Swim Club of Mechanicsville VA, Hobson West of the Naperville Park District, the Naperville YMCA, Naperville Central High School, and Bradley University. Jay's coaching experience includes 1 year as the Bradley Bourbonais Head Coach, 1 year as a NCHS Volunteer Coach, and over a decade as a Maverick Swim Club Coach. Jay

earned a B.S. in Industrial Engineering from Bradley and is a partner in Thruput Inc. and GreenCells Inc. away from the pool. He resides in Aurora with his wife, Core One Coach Missy, and their two sons, Jamey and Justin.

Karen Snyder

Karen grew up in Naperville and started swimming competitively in the summers when she was 5 years old. At the age of 8, she joined the Naperville YMCA Swim Team for winter swimming. In high school, Karen swam for Naperville Central and placed top 4 at State in the 100 breaststroke all 4 years. She went on to swim 4 years at the University of Michigan. Karen was an assistant coach at Centennial Beach for 3 summers and head coach for 1 summer. She also spent a summer as the head coach at Sea Lion Aquatic Park in Lisle. Karen has been coaching with Maverick Swim Club since 2007. Karen has earned a B.S. in Kinesiology from the University of Michigan and a Masters in Physical Therapy from Northwestern University. She lives in Naperville with her husband and 4 children.

Kelle Lalko

Kelle has 14 years of swimming experience. She swam for Naperville North High School and the University of Wisconsin- La Crosse where she held honors as MVP, team captain, and record holder. Her coaching experience includes 4 years in the Naperville Park District Swim Conference, 4 summers as assistant coach for the Oakhurst Swim Team, and 2 summers as head coach for Oakhurst North Swim Team. Kelle started coaching with Maverick Swim Club in 2008. Outside of the pool Kelle is a physical education teacher at Granger middle school in district 204. She also coaches track and enjoys competing in triathlons.

Kelly Foster

Kelly graduated from the University of Illinois earning a BS in Math and has her Teaching Certificate in Secondary Education. She started swimming at the age of 5, swimming on summer league swim teams for twelve years. She swam for Rockwood Swim Club out of Chesterfield, MO, as well as Marquette High School. Kelly coaches for the Stonebridge Sharks in the summer and has been with the Maverick Swim Club since 2009.

Lauren Carpenter

Lauren started swimming with the Maverick Swim Club when it began in 1994 when she was in 5th grade. She continued swimming with the club through high school. Lauren was a 4-year varsity swimmer at Naperville North High School. Her favorite and best event was the 200 butterfly. She graduated from Naperville North in 2002. Lauren earned a bachelor's degree in Speech Communication and History at Augustana College. She started coaching for Maverick Swim Club in the fall of 2006.

Liz Dillmann

Liz started swimming at age 9 in Sydney, Australia, where she held national age group and open records and competed internationally. She continued to swim at the University of Illinois in Champaign, where she earned her Bachelors and Masters degrees in Exercise Physiology and taught competitive swimming and learn to swim classes, weight training and nutrition. She also coached the summer swim programs at U of I. Liz currently competes in U.S. Masters Swimming, a National Champion in pool and Open Water events. She has 4 children that swim and has been a Maverick parent since 2003, and an assistant coach since 2008.

Marsha Helm

Marsha has been either swimming competitively or coaching for 26 years. Marsha swam her age-group and high school years in Newcastle, Wyoming and went undefeated at the state championship meet for 4 years. Marsha started her college swimming career at the University of Iowa. After two uneventful years, Marsha transferred to Colorado State University where she became an NCAA Division I All-American through her swims on Colorado State's 200 Medley and 400 Medley relays. Marsha began coaching in college as an assistant coach for Colorado State University's summer swim camps. She has been head coach for two park district swim teams – Heritage Village Swim Team (Littleton, CO), and Hobson West Swim Team (Naperville, IL). Marsha has been coaching with the Maverick Swim Club since 1997. As a Maverick coach, Marsha has worked with every age group and swimmers at all skill levels from novice 8 & unders to college-aged competitive swimmers. Marsha, her husband Doug, and their two daughters live in Naperville, IL.

Noor Shammas

Noor has been involved with the sport of swimming for many years. She swam in the summer for the Farmstead Swim Team from the age of 9 until she graduated from high school, Maverick Swim Club for four years, Naperville Central High School swim team and water polo team for four years, where she was

captain of the swim team her senior year. Noor was an assistant coach at Farmstead for 5 years, and has been their head coach since 2007. She has been coaching with the Maverick Swim Club since 2007. Noor earned her Master's Degree in Instructional Technology from Lewis University ('10) and a Bachelor's Degree in Elementary Education from Illinois State University ('07). She has taught fourth grade in the Oswego School District #308 since 2007. Noor enjoys spending time with her family and friends, going shopping, traveling, and reading mystery books.

Nora Schroedter

Nora swam for Centennial Beach, Cress Creek and Naper Carriage Hill in the Naperville Park District Swim Conference. She also swam for the Naperville YMCA, Naperville North High School and North Central College. During high school and college, Nora coached at Naper Carriage Hill and Centennial Beach. After college she coached for the Lyons Swim Club, the Downers Grove Area Swim Team and the College of DuPage before starting the Maverick Swim Club along with Mark Townsend and Sue Hubbard. She currently is Vice President of Swimming Pool Management Systems, Pool Guards Inc. and DuPage Swimming Center. Her children Riley and Jack are members of the Maverick Swim club